



# Intensive Crisis Stabilization Services for Teens and Children

Crisis Stabilization Services are designed to provide short-term alternative to inpatient psychiatric services and are available for on-site critical intervention and/or telephone consultation at all times.

## Information & Assistance

For further information or for questions or concerns, please contact:

Customer Services:  
(734) 243-7340 TTD: 7-1-1

Suicide and Crisis Life Line: 9-8-8

## What is expected of me?

- Answer questions as honestly and completely as you can

## What to expect from the Crisis Stabilization team?

- Intensive structured treatment and support
- Assessments and identify strengths and needs
- De-escalation of the crisis
- Family-driven, youth-guided crisis and safety planning
- Brief intensive individual and family counseling/psychotherapy
- Skill building and Psychoeducation
- Referrals to community services and/or collaboration with youth serving systems
- Psychiatric consult as needed

## Who is eligible?

- Children, teens, and young adults ages 0-21 who meet criteria
- Parent/caregiver has identified a crisis and reports inability to manage
- Harm to self or others at risk
- Risk behaviors and/or behavioral/emotional symptoms impacting typical level of functioning
- Immediate intervention required to avert hospitalization and/or to remain in the current living arrangement

Talk With Us.

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