

Youth Peer Support Services

Youth Peer Support Services (YPSS) offers support to youth and young adults. Services help to build strong relationships based on mutual respect. Members share their stories and listen to yours, which helps increase hope, confidence, self-advocacy skills, and decision-making abilities. Youth Peer Support services empower you to set goals and support you to identify strategies to achieve those goals.

What is expected of me?

• Active youth participation

What to expect from YPSS?

- Provides personal experiences of navigating mental health diagnosis
- Be a part of the treatment team and assist in services, planning, and implementation
- Empower youth to use their voice to be an advocate for themselves

Who is eligible?

- Monroe County residents
- Youth/young adults up to age 26

Information & Assistance

For further information or for questions or concerns, please contact:

Customer Services: (734) 243-7340 TTD: 7-1-1

Suicide and Crisis Life Line: 9-8-8

Talk With Us.



1001 S. Raisinville Road • Monroe • Michigan • 48161

734-243-7340

www.monroecmha.org