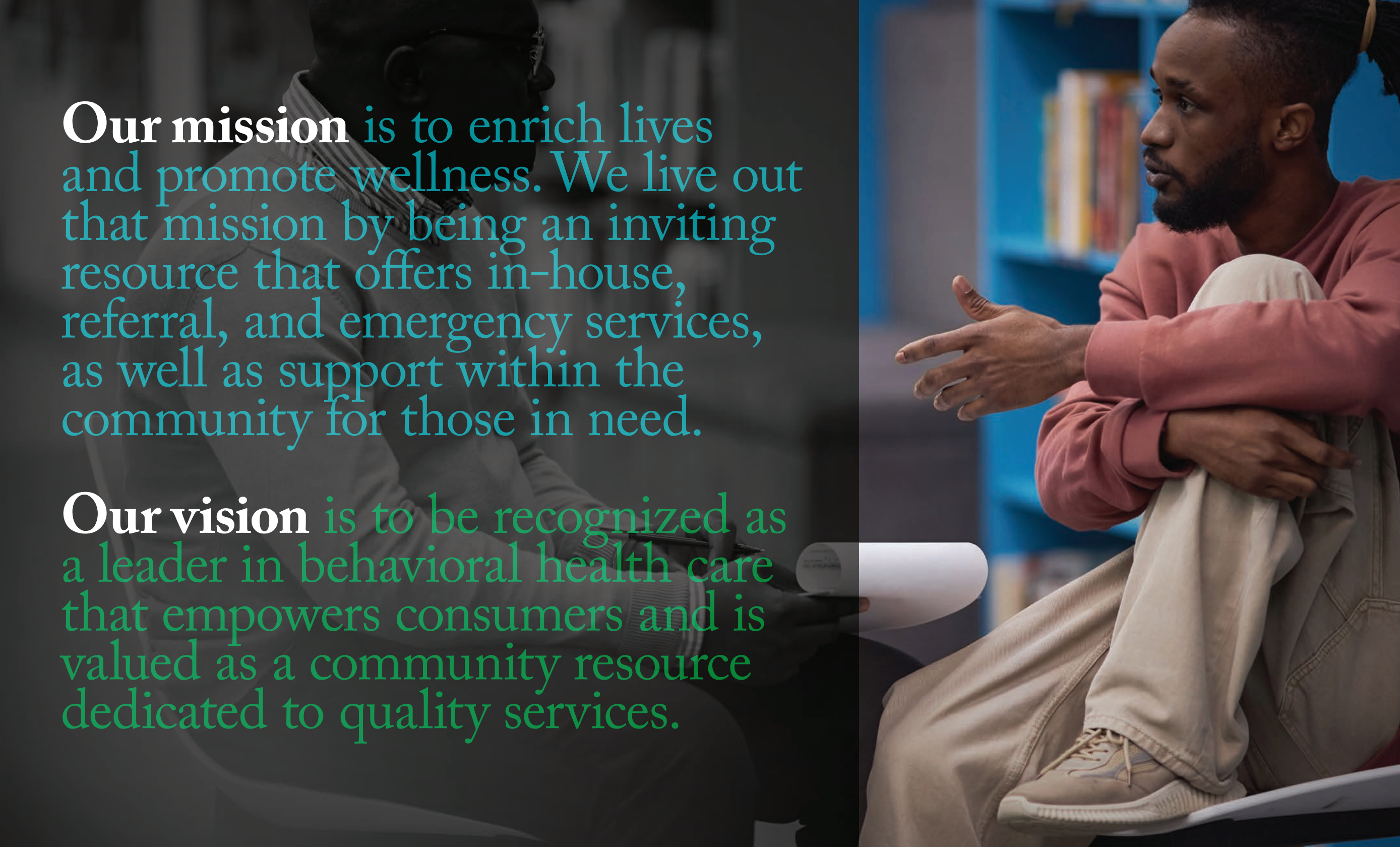




Lighting the way in Monroe County

2022 Annual Report

MONROE
COMMUNITY
MENTAL
HEALTH
AUTHORITY



Our mission is to enrich lives and promote wellness. We live out that mission by being an inviting resource that offers in-house, referral, and emergency services, as well as support within the community for those in need.

Our vision is to be recognized as a leader in behavioral health care that empowers consumers and is valued as a community resource dedicated to quality services.

Dear Monroe Community Mental Health Authority Stakeholders,
I am pleased to present MCMHA's Annual Report for Fiscal Year 2022—a report that highlights numerous successes. Like many other behavioral health organizations, MCMHA saw growing numbers of individuals seeking treatment for mental health and substance use disorders while also experiencing a national workforce shortage. MCMHA's employees met these challenges with enthusiasm and tenacity, time and again giving more of themselves to live out our core values of Compassion, Authenticity, Trust, and Accountability. It is only through the dedication and unrelenting optimism of our staff and our community partners that we were able to overcome multiple challenges and deliver results.

MCMHA's overall results were commendable:

- Successful Joint Commission audit, resulting in MCMHA being awarded a three-year accreditation.
- Independent financial audit that concluded that MCMHA's financial statements presented fairly in all material aspects, resulting in an unqualified or "clean" report.
- Award of \$1 million in ARPA grant funding to enhance technology and infrastructure and to implement a Mobile Crisis Unit in Monroe.
- Certified by the Michigan Department of Health and Human Services as a Behavioral Health Home.
- Expanded psychiatric and nursing services.
- MCMHA's Jail Diversion and Jail-Based Medication Assisted Treatment program received recognition from Michigan's Attorney General, Dana Nessel.
- MCMHA expanded our Critical Incident Stress Management Team.
- Hosted First Annual Mental Health Summit.
- Responded to over 500 law enforcement referrals for services.
- Increased community outreach through numerous partnerships with community organizations.

On any given day, MCMHA provides evidence-based care and treatment to any one of the nearly 2,600 Monroe County residents who look to us for support annually. Therapy, case management, psychiatric services, community living supports, and after-hours crisis care are only some of the wide ranges of services being delivered by our proud mental health professionals.

I am confident that after reviewing MCMHA's Fiscal Year 2022 Annual Report, you will also be proud of the outcomes achieved.

In Partnership,
Lisa Graham, LMSW
Chief Executive Officer
Monroe Community Mental Health Authority

The role of a Certified Peer Support Specialist (CPSS):
Using life and mental health experience to connect with consumers in their current life situation to assist with goal setting; assisting the consumer with getting back to living life; providing hope and escape out of tough situations; advocating; bridging communication gaps between physicians & friends and family; helpful finding resources for food, living, therapy, and PCP; motivating peers to do the work and live their desired life.

John's Success Story

When I met John, he was drinking beer all day every day, and his thoughts were all over the place. Life had not been treating him fairly, and everywhere John went for help, he had been thrown to the side and ignored. John was denied Social Security every time he applied. John had trouble communicating with everyone; he didn't understand his mental health or how to talk about it with anyone. John felt as though everyone was out to get him. He was homeless, living out in the woods and surviving off the land. That was all John knew. When John met his peer support specialist John finally engaged with treatment and his mental health support team. Today, John now has his own apartment, food in the refrigerator, a bed to sleep in, and a place to call home. John seldom drinks alcohol like he used to, as this helps to silence the voices in his head, and his goal is to quit drinking all together. John wants to understand his mental health and learn about himself so he can be the best version of himself to help others like him. John engages with all his physicians and is learning how to ask questions and understanding how to get better. After being denied disability many times, John now is receiving income from the State and a lawyer is going to court about his SSI. The lawyer believes for the first time ever that John will be awarded his benefits because his SOAR rep, CPSS, and Case Manager fought for him. John now believes in himself, has hope for a better future, and is learning how to find value in himself.

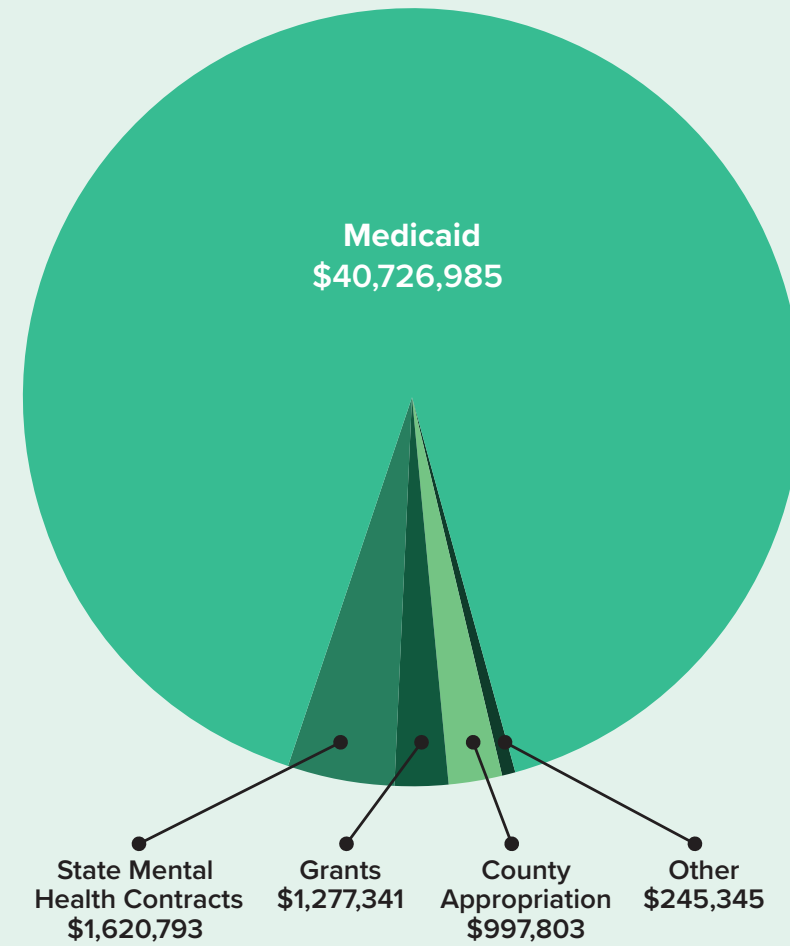
Story from Cody Fuerst





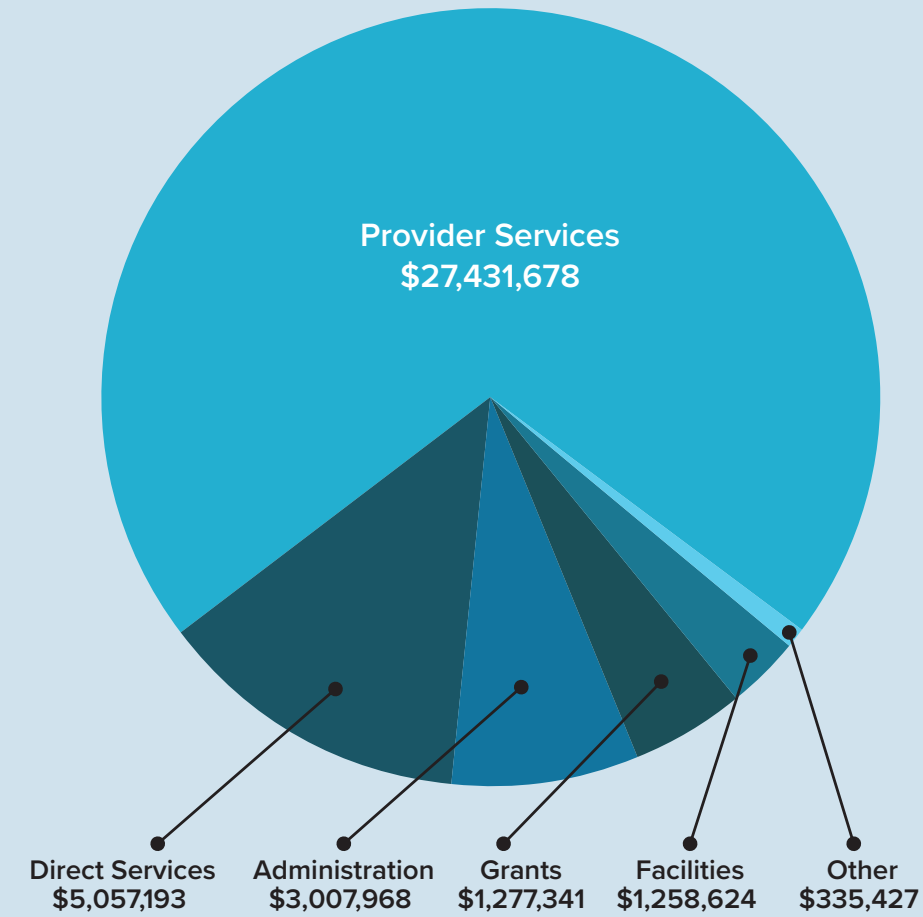
Revenue

Total Revenue: \$44,868,267



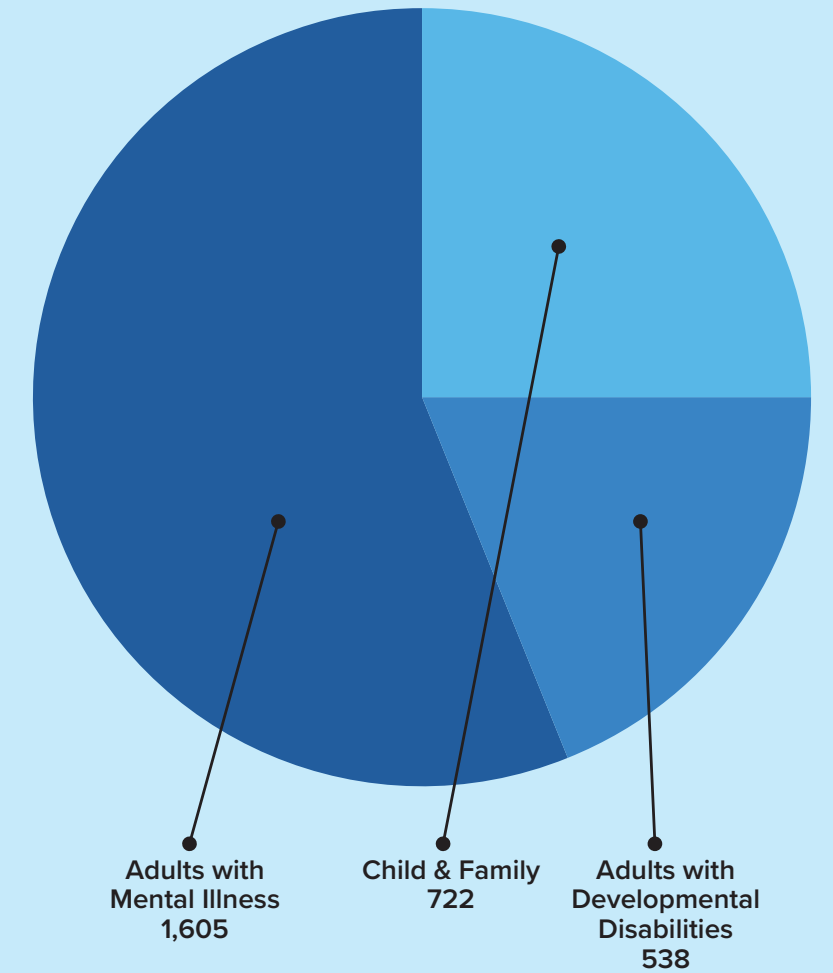
Expenses

Total Expenses: \$38,917,153



People Served

2,865 Monroe County residents served



Mental Health Awareness Day

Globally, May is celebrated as Mental Health Awareness Month. Therefore, during the month of May, MCMHA hosted a Mental Health Awareness Fun Day for the people we serve. There were approximately 130 attendees, plus staff members and volunteers. The event was held from 10am – 2pm at the Raisinville Road site. Attendees completed a craft, participated in a stress relief activity, and enjoyed several games of bingo. Participants were also provided lunch, which included pizza, carrots and broccoli, and a cookie. The event was enjoyed by all, and there were many requests for a future event.



Monroe County Community College

In Fiscal Year 2021-2022, MCMHA partnered with the Monroe County Community College (MCCC) to provide brief screenings and referrals by mental health professionals on site at the campus two days a week. All students were able to self-refer or be referred by college personnel for these services. The project began in March 2022 and was accessed for success over the next several months. Due to the positive impact these services were having on MCCC students, MCCC took the initiative to submit for, and was awarded grant funding to have a full-time mental health professional on campus to continue to provide screenings and referrals, along with also being able to provide individual and group therapy to anyone in need. MCCC since then has contracted with MCMHA to hire a full-time mental health professional to continue to deliver these services and continue the successful partnership.



Law Enforcement Referral Form

In partnership with the Monroe County Sheriff's Department and City of Monroe Police Department MCMHA developed a referral process in 2019 designed to report interactions law enforcement have with individuals experiencing a behavioral health crisis and in need of crisis intervention. MCMHA responds to these referrals within one business day, which includes but not limited to connecting to services within Community Mental Health (CMH), linking and coordinating to resources outside of CMH, and more. In Fiscal Year 2022, there were 500 referrals received. Over the last four years, MCMHA has received 890 referrals directly from law enforcement. Approximately 80% of these referrals were not open to CMH at the time of referral.



Mental Health Summit

On September 27, 2022, MCMHA hosted a Mental Health Summit for behavioral health providers in Monroe County at the Monroe County Community College. Lisa Graham, MCMHA CEO, kicked off the event by discussing the importance of meeting the behavioral health needs of our county. The keynote speaker, Kevin Fischer, NAMI Michigan Executive Director, shared his story and the importance of accessing behavioral health services with an emphasis on ending mental health stigma.

There was also an opportunity to break into smaller groups where we discussed community needs and how to address them. Some community needs identified were psychiatrist, childcare, transportation, senior services, housing, both children and adult therapists, integrated health, substance abuse treatment, day treatment, mobile crisis unit, a NAMI chapter, school social workers, grants, resources, police awareness, group therapy, insurance coverage, transition services, collaboration with the schools, and more.



Our Strategic Goals

- Recruit and retain qualified staff and competent provider staffing that meets the needs of our community
- Assure competent and accountable leadership
- Serve as a responsive and reliable community partner
- Develop and implement a stable yet agile financial strategy that supports MCMHA's mission
- At all levels of the organization, services provided meet the needs of the customer



Michael Humphries
Chairperson



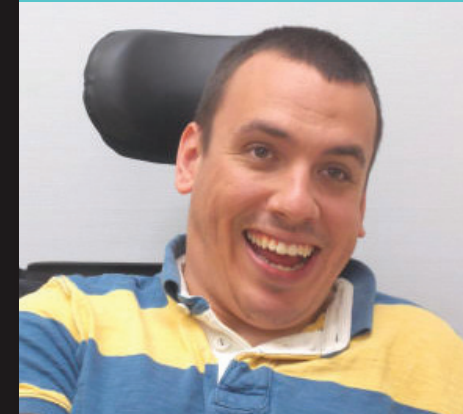
Susan Fortney
Vice-Chairperson



Catherine Bernhold
Board Member



Dawn Asper
Board Member



John Burkardt
Board Member



Chantele Steffens
Board Member



Sandy Libstorff
Secretary



Randy Richardville
Board Member



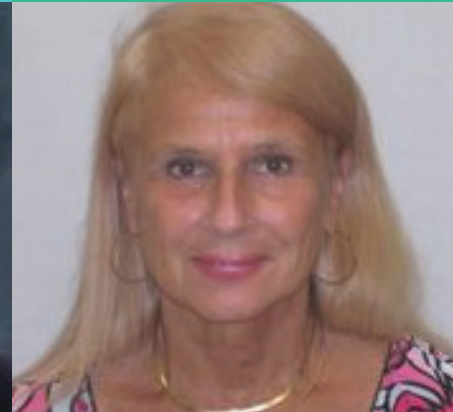
Jim Neumann
Board Member



Pamela Ray
Board Member



LaMar Frederick
Board Member



Gloria Rafko
Board Member

MCMHA Board Members

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