

# Psychiatric Care

Psychiatric Care includes evaluations, treatment, and monitoring of behavioral health-related symptoms that use medication as a part of treatment.

We employ Child Psychiatrists, Adult Psychiatrists, and Psychiatric Nurse Practitioners.

## Substance Use

Provide screening assessments and treatment referrals for those struggling with substance use.

Referral services can include:

- Assessments and Referrals
- Outpatient Treatment
- Sub-Acute Detoxification – an in-patient program for those withdrawing from alcohol or other drugs
- Residential Treatment – therapy services that include an overnight stay in a licensed facility

## Payment for Services

- Services are available to anyone with a mental health or substance use disorder, regardless of residency, insurance status, or ability to pay
- For those with Medicaid, HMP, or MiChild, the authorized treatment plan will be covered with no additional fees
- MCMHA will work with your insurance company to cover service costs
- A sliding fee is also available

## Customer Services

Assists with complaints, services, appeals, and community resources.

Contact Customer Service Supervisor at  
**734-384-0155**

## 24 – Hour Services/Crisis

- Crisis response
- Assessment
- Referral

After hours on-call staff are available to respond to crisis.

Call our toll-free crisis phone:  
**1-800-886-7340**

TDD/TTY:  
**1-800-649-3777**

Office:  
**734-243-7340**

[www.monroecmha.org](http://www.monroecmha.org)

## Recipient Rights

Protects the rights of the recipients of our services under the Michigan Mental Health Code.

Contact Shelley Koyl  
or Coy Hernandez at  
**734-243-7340**

Change your  
mindset.



**MONROE  
COMMUNITY  
MENTAL  
HEALTH  
AUTHORITY**

Talk With Us.

Where everyone is  
**worthy.**

## Services

### Targeted Case Management

- Assessment
- Planning
- Crisis prevention and intervention
- Advocacy

Through Targeted Case Management, individuals can gain necessary access to:

- Health Services
- Financial Assistance
- Housing
- Employment
- Education
- Social Services
- Other services and natural supports

### Assertive Community Treatment (ACT)

Includes comprehensive services that supports adults with severe mental illness to maintain their continued independence in the community. Help can often include therapy, medication, and community resources.

*This service utilizes an Intensive Case Management model.*

**Talk With Us.**

## Child/Family Services

### Wraparound

Offer a team approach, utilizing formal and informal supports to ensure that children and their families can experience success in their homes, schools, and community.

- Weekly in home, community, or office
- Help to identify family strengths, mission, set goals, determine needs, and develop strategies
- Help to create a plan that includes ways to assure children and families can experience successes
- Receive support and encouragement

### Home-Based Services

Offer an intensive family driven/youth guided treatment approach, provided in your home, school, or community. We offer:

- Guidance and advocacy in times of crisis
- An opportunity to resolve the challenges which have prevented your child from thriving at home, school, work or other social settings
- Therapy to address ongoing behavioral/emotional concerns of the youth
- Support to empower parent(s)/caregivers
- Home-based weekly visits, minimum 1-2 hours per week
- Help connecting the family to the community for support and resources

### Infant Mental Health: Ages 0-6

Home-based programs are available to children from birth to age six to promote healthy development and parenting relationships. Empathy and emotional support are provided through individual and family counseling within the child parent relationship.

These programs work to help:

- Teach positive interactions and relationship through modeling, play, and mirroring
- Link and coordination to community resources such as DHHS, WIC, Heartbeat, Schools, etc.
- Encourage parents to solve problems and plan, while developing a stable network of family and community support
- Supports the needs of the infant/child through building a stable relationship with the parent/guardian

## Behavioral Services

### Intellectual and Developmental Disability Services

Assessments for autism spectrum, psychological and behavioral disorders:

- Assessment
- Planning
- Crisis prevention and intervention
- Advocacy

### Integrated Healthcare Coordination

Helps to connect individuals to a primary care provider. Case Managers ensure behavioral health concerns are not a barrier to quality health care.

### In-Office and Home Outpatient Therapy: Individual, Family, and Group

Offer a person/family-centered approach provided in your home, our office, or a community location.

We offer:

- Advocacy for yourself/family
- An opportunity to resolve the challenges which have prevented the ability to thrive in daily living
- Address ongoing behavioral/emotional concerns
- Frequency of appointments are established based on severity of need and is agreed upon by the individual
- Clinicians are trained and/or certified in evidence-based treatment approaches

In outpatient therapy, evidence-based treatments are used. Some examples are:

- Cognitive Behavioral Therapy – for those wanting to change thinking patterns
- Dialectical Behavioral Therapy – for those who experience intense emotions
- Parent Management Training, Oregon Model – for recently-separated single mothers with boys aged 6-10
- Moral Reconciliation Therapy – for previously incarcerated youth to avoid reentering the prison system
- Trauma Focused Cognitive Behavioral Therapy – for children experiencing trauma or suffering from PTSD
- Strengths and Strategies for Fetal Alcohol Spectrum Disorders (FASD) – identifying strengths and strategies to increase stability in the environment for children with FASD