

## Recipient Rights: Did you know?

Per the Michigan Mental Health Code, consumers have the right to possess and use their personal property. This includes belongings, clothes, money or any other owned items. This means that staff cannot deny or withhold personal property from a consumer. A consumer's right to possess or use their personal property can be restricted by staff ONLY if it's necessary to ensure their health/safety AND the restriction has been approved by the CMH Behavior Treatment Committee (BTC).

Please contact the Rights Office if you have any questions about this or any other Recipient Rights matters.

By: Shelley Koyl, LMSW  
Recipient Rights Officer

# Lighting the Way

A publication of Monroe Community Mental Health Authority



March 2025

Dear Consumer,

I am excited to let you know that MCMHA's Board of Directors recently accepted our Fiscal Year 2025-2027 Strategic Plan!

This updated strategic plan builds on the successes and momentum built over the past few years, as we continually strive to serve our community's behavioral health and substance use disorder needs. This plan has five priority areas:

**Quality Workforce:** MCMHA understands that we cannot do great work without great staff, and we take great pride in ending FY24 with an 89% staff retention rate! Over the next two years, we are committed to maintaining an adequate and competent workforce, including those who work directly for us as well as our contracted providers.

**Trusted Community Partner:** Last year, MCMHA participated in nearly 70 community events! We made every effort to work with other human service agencies to address gaps in services and to be present in the community with lots of resource material! It's one thing to develop relationships and now comes the job of maintaining and growing those relationships for the benefit of our county!

**Accountable Stewards of Public Dollars:** MCMHA takes seriously our responsibility to manage and allocate the local, state, and federal dollars we receive. We have a large budget, but those dollars must serve everyone who walks through our doors and meets criteria for services. We will continue to demonstrate that we are operating effectively and as efficiently as possible.

**Services Promote Recovery:** Over the next two years, MCMHA will continue to assess the community's needs as well as the effectiveness of our programs and services in meeting those needs. Implementing wellness and skills groups, suicide prevention programs, services for transition aged youth, and expanding our River Raisin Clubhouse are all big initiatives.

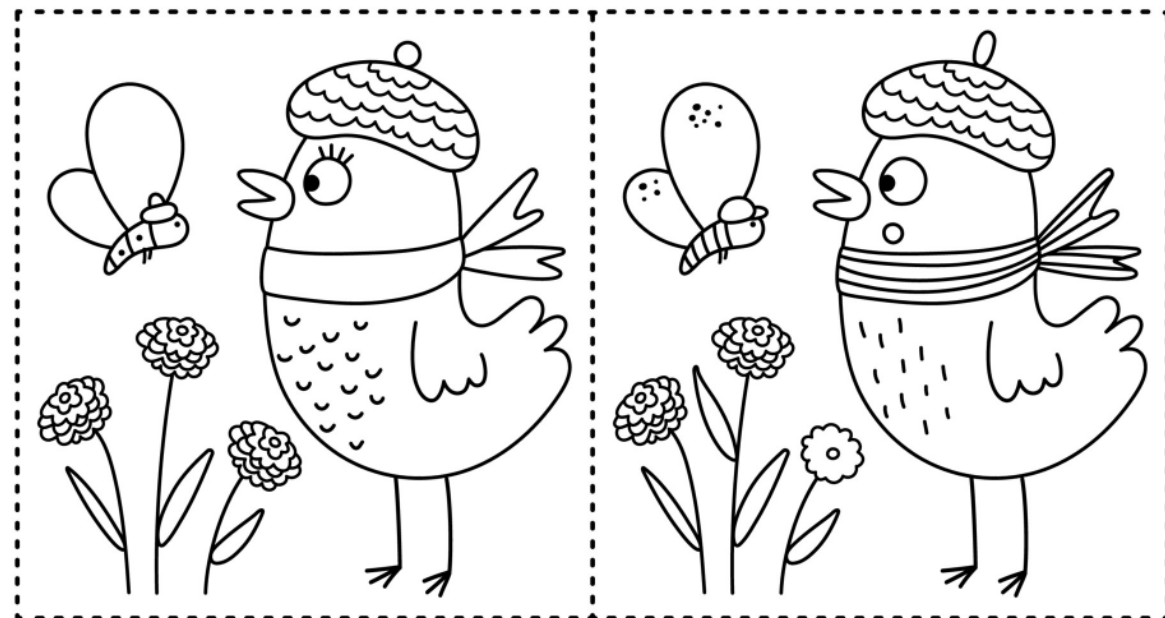
**Consumer Voice Informs Decision Making:** Consumers have much to contribute to our agency, so we want to provide our consumers a way to provide input into the services we provide and the way we provide them. We are looking for consumers who want to serve on our Consumer Advisory Council and our Performance Improvement committees.

As we move forward to advance these priorities, we look forward to your feedback and your partnership.

Sincerely,  
Lisa Graham, CEO



## Spot 10 differences



Vecteezy.com



Monroe Community Mental  
Health Authority

1001 S. Raisinville Road  
Monroe, MI 48161

# Customer Service Corner

By: Amber Ellerman, Customer Service Supervisor



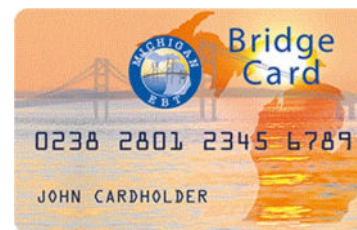
Please contact us to update your contact information when there is a change to your phone number, mailing address, and/or your email address.

This helps us to ensure we are able to reach you for your appointments and CMH updates!

Introducing...

Brooke Berry

Network Benefits Specialist



Brooke B. is the Network Benefits Specialist at Monroe Community Mental Health Authority. She is located in the Raisinville Road office. As the Network Benefits Specialist, Brooke can assist you with general insurance questions, applying or reapplying for Medicaid benefits, Food Stamp and SNAP benefits as well as the State Emergency Relief (SER) program. To schedule an appointment with Brooke, please call, 734-243-7340.

State Emergency Relief (SER)  
Program

## What is the CMH Advisory Council?

The CMH Consumer Advocacy Council members work as advocates to promote services, supports, communication, opportunities, and legislation for all individuals recovering from mental illness and developmental and intellectual disabilities and emotional impairments, who are Community Mental Health (CMH) consumers. The Council works to create an awareness of mental health issues for all people recovering from these issues. Through education & advocacy, the Council combats stigma.



### Walk-A-Mile

Each year, we go to Lansing for an advocacy rally at the Capitol with Monroe representation, and vehicles are reserved. Depending on availability of legislators, you may be able to speak to the legislators from your district at the Capitol. We typically provide a lite lunch. Bring your sunscreen. Speak up for the ongoing funding of services you receive!

[https://cmham.org/education- events/walk-a-mile-rally](https://cmham.org/education-events/walk-a-mile-rally)

The CMH Consumer Advocacy Council is looking for new members. If you are interested in advocacy and giving back, try our council. All CMH clients present and past are eligible, as well as parents or guardians of those who have been CMH clients. We plan events and are involved in things like the Walk-A-Mile. Several times a year, some from our council meet with the councils of other counties in our region to confer and brainstorm ways to enrich our communities.

If you are interested in serving on the council, please join us at one of our meetings on the Second Tuesday of every Month at 1:00 pm



# C.A.C

# CONSUMER ADVOCACY COUNCIL

The mission of the MCMHA Consumer Advocacy Council is to provide advocacy and support through a partnership with Monroe Community Mental Health Authority participants, staff, and the community.

**BENESH BUILDING  
428 S MONROE ST  
MONROE, MI  
48161  
(734) 243-7340**



## Certified Community Behavioral Health Clinic

### Non-Medicaid Services

Becoming a Certified Community Behavioral Health Clinic (CCBHC) in 2024 transformed the way MCMHA delivers mental health services in our county. The CCBHC allows us to serve individuals, regardless of insurance or ability to pay. Individuals with Medicaid will not be charged for the services they receive. Individuals with third party insurance or no insurance and who have an annual income that is 200% of the Federal Poverty level (or greater) will have an ability to pay. The Ability to Pay is based on federal guidelines and will be determined with the help of MCMHA's Network Benefits Specialist, Brooke Berry. If you are determined to have some ability to pay for your services, you can work on payment arrangements that fit your budget.

Additionally, individuals who do not have Medicaid and are eligible for CCBHC may receive any of the nine core CCBHC services, based on medical necessity standards. Services outside of those nine core services may not be approved.

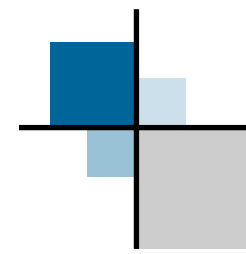
The nine CCBHC services are as follows:

1. Crisis Services
2. Outpatient Mental Health and Substance Use Services
3. Person- and Family-Centered Treatment Planning
4. Community-Based Mental Health Care for Veterans
5. Peer Family Support and Counselor Services
6. Targeted Care Management
7. Outpatient Primary Care Screening and Monitoring
8. Psychiatric Rehabilitation Services
9. Screening, Diagnosis and Risk Assessment

For questions about eligibility or payment, please contact Customer Services at (734) 384-0155.



# SAVE THE DATE



## MCMHA Mental Health Summit

On January 29, 2025, Monroe CMHA hosted its second Mental Health Summit at Monroe County Community College's La-Z-Boy Center. 42 people attended, including representatives from community partners and community mental health staff. The event focused on decreasing stigma around Mental Health in Monroe County and coming together to bust barriers to accessing services. Monroe CMHA's CEO, Lisa Graham, and Sheriff Troy Goodnough provided a keynote detailing partnerships between mental health and law enforcement. Afterwards, attendees participated in roundtable discussions to problem solve together. Several community partnerships were strengthened during the event and new ones were formed. We are so grateful to everyone that attended and shared their insight and expertise.

Sabrina Bergman, LMSW  
Certified Community Behavioral Health Clinic Program Director



**MONROE COMMUNITY MENTAL HEALTH AUTHORITY**

You are Cordially Invited  
to join us for the  
**Monroe Community Mental Health Authority**  
2025 Town Hall

When:  
Wednesday, October 22, 2025

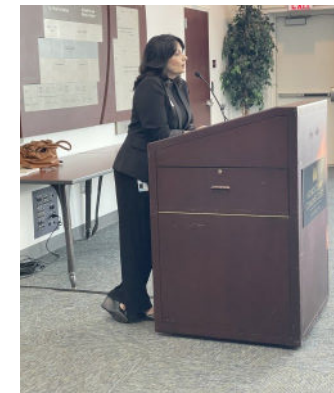
Time:  
3:00 pm—5:00 pm

Where:  
Monroe Community Mental Health Authority  
1101 S. Raisinville Rd., Monroe, MI 48161  
Aspen Rooms

## Join us for the Walk—A—Mile in My Shoes Rally

On the front lawn of the  
State of Michigan  
Capital Building

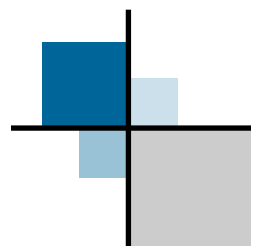
September 17, 2025



Lisa Graham, CEO  
Monroe CMHA



Monroe County Sheriff Troy Goodnough



## ZOOM

### The Virtual Platform For Your Prescriber Appointments

To provide ongoing efficiencies in our agency, we're moving to one platform for all scheduled appointments with our prescribers, which is Zoom. All our prescribers have permanent Zoom links/Meeting ID's that will be the same for each appointment you have.

You will need either a smartphone, computer/laptop that has a camera, or an iPad/tablet that has a camera. You **do not need** to download the Zoom app, as Zoom will work in the web browser of your device by accessing [zoom.us/join](https://zoom.us/join).

An **email address is not required** to receive the Zoom link/Meeting ID, however, you can receive the Zoom link/Meeting ID one of three ways:

- verbally from the receptionist at the time your appointment is scheduled
- sent to you by text message from the receptionist
- sent to you by email from the receptionist.

When it comes time for your appointment, either click on the link that was provided to you, or manually enter the Meeting ID into Zoom. If you have lost the Zoom link/Meeting ID, please call reception at 734-243-7340 prior to your appointment time and they can provide the information to you.

If you have any questions, please call Shelby Sammons at 734-384-0439.



### Join Meeting

Meeting ID or Personal Link Name

By clicking "Join", you agree to our [Terms of Services](#) and [Privacy Statement](#)

YOU ARE INVITED TO  
**MENTAL HEALTH FUN DAY**  
MAY 17, 2025  
11:00 AM – 3:00 PM  
AT  
**2 / 42 COMMUNITY CHURCH**  
925 S. TELEGRAPH ROAD  
MONROE, MI 48161  
HOSTED BY  
**MONROE COMMUNITY MENTAL HEALTH AUTHORITY**  
**GAMES / PRIZES / FOOD**



# Sudoku

LEVEL: EASY

				6				7
2							4	
					2	3		
	8	9			4	5	6	3
		6	3		9		7	8
5	3	1			8		2	9
9	4			8	6		1	
		8		2			3	4
1	7	2	4		3			

EVERY ROW AND COLUMN MUST CONTAIN THE NUMBERS 1 TO 9 WITHOUT ANY REPETITIONS.

EVERY 9X9 BOX MUST BE FILLED WITH THE NUMBERS 1 TO 9.

© World of Printables

## River Raisin Clubhouse

### A New Chapter in Mental Health Support

Dear Monroe Community,

We are excited to introduce the River Raisin Clubhouse, a dedicated space where individuals living with mental illness can find support, purpose, and community. Formerly known as Crossroads Clubhouse Monroe, our name change reflects our deep connection to Monroe's history and the strength of our community.

The Clubhouse model is built on the principles of hope, opportunity, and inclusion. As part of a worldwide movement, we provide a welcoming environment where members work side by side with staff to develop skills, build relationships, and pursue personal and professional goals. Our members are not just participants but active contributors, shaping the Clubhouse experience through shared responsibilities and leadership opportunities.

With our recent relocation to 393 N. Telegraph Rd, Monroe, MI, we are embracing a new chapter that will allow us to better serve our members and strengthen our community impact. This move represents growth, renewal, and a commitment to fostering an environment where individuals can reclaim their independence and achieve their aspirations.

We extend our heartfelt gratitude to the Monroe Community Mental Health Authority Board of Directors and the River Raisin Clubhouse Advisory Board for their unwavering support. Their dedication has made this transition possible, and we look forward to continuing our mission with renewed energy and purpose.

We invite you to join us in celebrating this milestone. Whether you are interested in membership, volunteering, or learning more about what we do, we welcome you to be part of our journey. Together, we can build a stronger, more inclusive Monroe.

For more information, please contact us at 734-243-6401 or visit us at our new location.

We look forward to connecting with you!

Warm regards,  
Stephan Pietszak  
Director, River Raisin Clubhouse  
Monroe Community Mental Health Authority

